

**Consultation Form:**

Name \_\_\_\_\_ Contact No \_\_\_\_\_

Address \_\_\_\_\_

Postcode: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Email Address \_\_\_\_\_

**Please read these statements carefully:**

- Permanent makeup is a form of tattooing called Micropigmentation / Microblading. This is the process of inserting pigment into the basal layer of the epidermis. It is a form of tattooing and on occasions it may be permanent.
- Re-touch procedures maybe required following the initial procedure; please note this is a two stage treatment process, retention holds much stronger following the retouch.
- A minimum healing period of four / six weeks is required before a re-touch procedure can be performed depending on age and skin type.
- A fully healed result can only be seen 4-6 weeks after the full treatment.
- Retention of pigment depends on many factors including, skin type, age of client, adhering to aftercare procedure, lifestyle, sun exposure, medication and vitamins. There is no guarantee that a specific client will benefit from this procedure or that pigment will hold in every client's skin.
- On rare occasions the pigment may migrate under the skin particularly if very oily based skin type or open pours. Therefore, the treatment will give a more 'powdered' look and may have less retention due to pigment migration under the skin.
- Old Scaring may act like 'dead skin' for the ink and often times do not hold pigment.
- Application of permanent cosmetics can be painful.
- The pigments will fade over time which may vary with each client.
- Immediately after the procedure, the pigment can be 30 to 50% darker than the desired result. You will experience fading between the initial treatment and your retouch.
- There may be immediate or delayed allergic reaction to pigments. However, allergic reactions are extremely rare.
- A negative allergy test result will not guarantee that you will not have an allergic reaction.
- Allergic reactions to anaesthetics can occur.
- Permanent cosmetics **cannot** be applied to pregnant women or nursing mothers.
- Permanent cosmetics **cannot** be applied to any person under the age of eighteen.
- Infections can occur if aftercare instructions are not followed correctly.
- There may be swelling, redness following the procedure, you may experience minor bleeding. You must follow our strict aftercare procedure for 7 days following treatments.
- It is recommended that clients receiving treatment for eyeliner should have someone drive them home.
- Corneal abrasion may occur during eyeliner procedures. However, corneal abrasion is rare.
- Clients receiving lip procedures who have had previous problems with cold sores/herpes may have an outbreak following the procedure. Anti herpes medication is available over the counter or on prescription and has been shown to prevent or minimize such outbreaks.
- Lip procedures may appear dry and flaky for up to one week following the procedure.
- If you have an MRI scan within 3 months of your permanent cosmetics procedure we recommend that you discuss this with your doctor.

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- Possible scarring, inconsistency of colour and loss of eyelashes may occur.
- It is normal for the top layer to flake off, DO NOT PICK, as you will rip off the deeper layers of pigment with it and it will have no retention.

### **What to expect straight after the procedure:**

- Day 1: For eyebrow treatments: the brows will appear slightly thicker and the colour will look much stronger and maybe warmer due to the redness caused in the skin.
- Eyeliner: The skin round the eye may appear swollen and red due to the stretching and implantation of pigment into a sensitive area.
- Lip: will appear stronger in colour and swollen. The main swelling will subside within a few hours as this is mainly due to the aesthetic applied. Swelling from the procedure will subside within 48 hours.
- Day 2-4: The brows will appear 2 shades darker from when you left the clinic and colour may seem a little red still. Lips also will appear up to 50% darker / brighter then the final healed result is actually going to be. They may also feel rough and dry.
- Day 6-10: not all brows go through the flaking process; some clients can't even see the flaking. Brows may look very light and patchy at this stage. The pigment will reappear in nearly all cases.
- Day 28-40: Depending on the client, this is the time when you actually start to see the final result. People who heal quickly and young client can see their final colour by the 4-5 week mark, while more mature women and slower healers may have to wait 6-7 weeks to see the colour fully bloomed back.
- As the months go by the pigment will appear softer and lighter as it settles under the layers of skin. To protect against fading use a sunscreen, avoid sunbeds and cut down on vitamin C, Glycolic acid.
- Your skin is a living organ and we can not foresee how pigment will heal or retain in your skin.

This information is not intended to alarm you. However, it is imperative that you are informed of the risks involved and that YOU FOLLOW THE STRICT AFTERCARE INSTRUCTIONS.

It is very important that you closely review your treatment that has been carried out, especially at the retouch stage. If you request a third follow up treatment this will be chargeable and include a tray set up fee of £39 plus labour.

A deposit of £50 is payable upon booking appointment. The deposit is transferable/ refundable only if 7 days' notice is given to cancel or alter an existing appointment. After 7 days, the deposit becomes non-refundable or transferable. We require 3 days notice to amend or alter a retouch treatment. If cancelled within 3 days you will forfeit your free retouch and be required to pay £39 plus labour for the new retouch appointment.

I AGREE TO FOLLOW THE AFTERCARE PROCEDURES GIVEN TO ME DURING MY TREATMENT FOR BOTH MY INITIAL AND RETOUCH PROCEDURE.

Name.....Signature.....Date.....

Technician Name.....Signature.....Date.....

**Medical Health Form**

Name: \_\_\_\_\_ Contact No \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

Name of Doctor: \_\_\_\_\_ Surgery: \_\_\_\_\_

Please answer all the following questions:

- What is your skin type? Norma,l Combo, Oily, severely Oily, Dry, Large Pores,
- Have you taken any of the following in the last 2 days; Aspirin, Ibuprofen, Coumadin, Alcohol? \_\_\_\_\_
- Have you received chemotherapy or radiation treatment in the last year? \_\_\_\_\_
- List any medications you have been taking in the last 6 months

\_\_\_\_\_

- Allergies: have you ever had an allergic reaction to any of the following? Please circle

Lanolin            Latex Rubber            Vaseline            Medication            Paints    Crayons  
 Metals            Hair dyes            Lidocaine            Drug            Foods    Glycerine

Anaesthetics or Adrenaline (which ones) \_\_\_\_\_

Other allergies (list) \_\_\_\_\_

Have you or have you ever had any of the following? Tick all of the following that apply:

Abnormal Heart Condition		Cold Sores (herpes simplex)	
Mitral Valve Prolapse		Heart Murmur	
Rheumatic Fever		Artificial Heart Valves	
Pacemaker		Anaemia	
Haemophilia		Prolonged Bleeding	
Diabetes		High Blood Pressure	
Epilepsy		Low Blood Pressure	
Fainting Spells or Dizziness		Circulatory Problems	
Thyroid Disturbances		Liver Disease	
Glaucoma		Kidney Disease	
Stomach Ulcers		Tumours, Growths or Cysts	
Cancer		HIV	
Tuberculosis		Prosthetic Hip or Joint	
Stroke		Cataracts	
Palpitations		Blurred Vision	
Hepatitis		Dry Eyes	
Pregnant or Nursing in the 12 months		Eye Infection present	
Alopecia		Watery Eyes	
Recent Hair Loss		Contact Lenses	
Chapped Lips		Eyelid Surgery	

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Trichotillomania		Date of last eyelash/ eyebrow tint	
Gore-Tex Implants/Silicone Injections Other Tattoos Fat Transfer Injections		Bruise or Bleed Easily	
Botox Injections		Use of Sun bed	
Collagen Injections		Scar Easily or healing problems	
Hypertrophic Scars		Retin A within 6 months	
Chemical or laser peel within 6 months		Cortisone within 6 months	
Keloid Scars		AHA preparations within last 2 weeks	
Sensitivity to Cosmetics		Acutance within 6 months	

Please let us know if you are undergoing drug / alcohol rehabilitation and having blood / urine samples taken as the topical numbing products will show a positive result and we can write you a letter confirming this.

**Patch Testing for Procedure:**

The pigment will be tested for sensitivity prior to your procedure taking place. You should inform the therapist immediately if you experience any redness, itching, irritation or swelling because of the pigment test and clean the area of product immediately.

If there is no reaction you can go ahead with the procedure as discussed.

I confirm that the above medical information I have given is correct and I have NOT experienced any reaction to the pigment test carried out prior to treatment:

Client Name.....Signature.....Date.....

Technician Name.....Signature.....Date.....

**General Consent and Procedure Permit**

Clients Full Name \_\_\_\_\_

Address \_\_\_\_\_

- I hereby authorise *Dawn Alderson* of *Dawn Alderson Permanent Makeup & Beauty Clinic* to perform upon myself the following procedure(s) \_\_\_\_\_
- If any unforeseen condition arises in the course of this procedure(s), calling in her judgement in addition to, or different from those now contemplated, I further request and authorise her to do whatever she seems advisable and necessary in the circumstances.
- I accept responsibility for determining the colour, shape and position of the permanent cosmetic procedure as agreed during the course of my consultation.
- I understand that an allergy test does not guarantee that I will not have an allergic reaction to the pigment.
- We cannot accept responsibility if the treatment area does not numb. Each individual is different according to the skin type. For all procedures a cream or gel topical anaesthetic is used. These products are perfectly safe, and can be purchased over the counter from any chemist.
- I fully understand and accept that non-toxic pigments are used during the procedure and that the cosmetic enhancement achieved may fade over a period of 1-3 years. Even though the colour has faded the pigment will stay in the skin indefinitely.
- For eyeliner procedures you will be asked to keep your eyes closed throughout the numbing period. If for some reason the anaesthetic gets into the eye, you must advise your technician at once. It is not harmful to the eye although you will experience some stinging and slight discomfort. The cream will be removed and your eyes will be immediately flushed with a sterile saline solution. It is then safe for the technician to reapply the anaesthetic. NOTE: If you experience stinging in the eyes and do not inform your technician immediately, the anaesthetic may numb the eyeball, and a possible corneal abrasion may occur. This can result in a temporary streaming and light sensitivity of the eyes. You may be unable to open your eyes and each time you blink it may be painful, and temporary blurry vision may occur. Corneal abrasion, however, is rare.
- I have been informed that the highest standards of hygiene are met and that sterile disposable needles and pigment containers are used for each individual client, procedure and visit.
- I understand and accept that each procedure is a process requiring multiple applications of pigment to achieve desirable results, and that 100% success cannot be guaranteed during the first procedure. I understand that this is why I will need to return for a retouch procedure.
- I understand that a retouch procedure will be performed 1-3 months after the initial procedure and that after a 3-month period I will be charged an additional fee for any further work. I understand that it is my responsibility to book the appointment at a time convenient for both parties.

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- The result of the procedure is determined by the following: Medication, Skin Characteristics - (dry, oily, sun-damaged and thickness), Natural skin undertones - (blending with chosen pigment), Personal pH balance of skin, which changes from visit to visit, Alcohol intake and smoking, adhering to Post Procedure care treatment.
- Upon completion of the procedure there may be swelling and redness of the skin, which will subside between 1-4 days. In some cases bruising may occur. You may resume normal activities immediately following the procedure however, using cosmetics, excessive perspiration, steamy showers and exposure of the sun to the affected area should be limited.
- I have been advised that the true colour will be seen 1 month after each procedure, and that the pigment may vary in colour per skin tones, skin type, age and skin conditions. I understand that some skins accept pigment more readily than others and no guarantee to an exact effect or colour can be given.
- I am aware that the lip procedures may stimulate any dormant virus such as herpes (cold sores). I am informed that eye procedures may stimulate dormant eye disorders or eye infections, and that some medication can prevent absorption of the pigment.
- I agree to follow all pre-procedure and post-procedure instructions as provided and explained to me by the technician. I confirm that I have received copies of all the relevant aftercare instructions.
- Being of sound mind and body, I hereby release any and all responsibility. I accept any and all responsibility myself for any consequence that might stem from my decision to have any permanent cosmetics procedure performed by *Dawn Alderson*
- For the purpose of documentation, I also consent to the taking of “before” and “after” photographs of said procedure(s) for record purposes and for use in presentation portfolios.

I CERTIFY THAT I HAVE READ AND HAVE HAD EXPLAINED TO ME AND FULLY UNDERSTAND THE ABOVE CONSENT AND PROCEDURE PERMIT; THAT THE EXPLANATIONS THEREIN REFERRED TO WERE MADE AND I ACCEPT FULL RESPONSIBILITY FOR THESE AND OR OTHER COMPLICATIONS WHICH MAY ARISE OR RESULT DURING OR FOLLOWING THE PERMANENT COSMETIC/TATTOO PROCEDURES WHICH IS TO BE PERFORMED AT MY REQUEST ACCORDING TO THIS CONSENT AND PROCEDURE PERMIT.

To my knowledge I do not have any physical, mental, or medical impairment or disability that might affect my well being as a direct or indirect result of my decision to have the procedure done at this time. **I am over 18 years of age. I am not pregnant. I am not under the influence of drugs or alcohol.**

I have read and understood the above information and been given a Microblading Fact Sheet prior to treatment.

Client Name.....Signature.....Date.....

Technician Name.....Signature.....Date.....

**Anaesthetic Form**

ALLERGIC REACTION – Allergic reaction can occur from any anaesthetics used during the procedure. If you do suffer from an allergic reaction you should contact your doctor immediately. Allergic reaction response may display redness, itching, swelling, a rash, blistering, dryness or any other symptom associated with allergy.

NUMBNESS - We cannot accept responsibility if the treatment area does not numb. Each individual is different according to the skin type. Some clients have reported that the area is totally numb while others say they experience some discomfort.

PROCEDURE – For all procedures a cream or gel topical anaesthetic is used. These products are perfectly safe, and can be purchased over the counter from any chemist. The anaesthetic is placed over the treatment area for between twenty to thirty minutes then carefully removed prior to treatment.

As a result of the treatment, combined with the use of the anaesthetic you can expect to experience swelling and redness that could last between one and four days. You should always follow your post procedure instructions.

For eyeliner procedures, you will be asked to keep your eyes closed throughout the numbing period. If for some reason the anaesthetic gets into the eye, you must advise your technician at once. It is not harmful to the eye although you will experience some stinging and slight discomfort. The cream will be removed and your eyes will be immediately flushed with a sterile saline solution. It is then safe for the technician to reapply the anaesthetic. NOTE: If you experience stinging in the eyes and do not inform your technician immediately, the anaesthetic may numb the eyeball, and a possible corneal abrasion may occur. This can result in a temporary streaming and light sensitivity of the eyes. You may be unable to open your eyes and each time you blink it may be painful, and temporary blurry vision may occur. Corneal abrasion, however, is rare.

If you experience any of these symptoms, inform your technician and visit your doctor immediately. I have read and fully understood the above and the risks involved with the use of topical anaesthetic and consent to the use of the anaesthetic for the Permanent Cosmetic procedure.

Client Name.....Signature.....Date.....

Technician Name.....Signature.....Date.....

**Consultation Check List & Treatment Plan**

TREATMENT CARRIED OUT \_\_\_\_\_ Date: \_\_\_\_\_

Pigment Colours / Brand \_\_\_\_\_

Needle/Blade Selection \_\_\_\_\_

Procedure notes \_\_\_\_\_

\_\_\_\_\_

Agreed fee £ \_\_\_\_\_ Deposit Paid £ \_\_\_\_\_ Retouch Fee £ \_\_\_\_\_

Technician Name.....Signature.....Date.....

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**Retouch Treatment**

Any change in medical history since initial procedure? \_\_\_\_\_

Client Signature.....Date.....

Pigment Colours / Brand \_\_\_\_\_

Needle Selection \_\_\_\_\_

Procedure notes \_\_\_\_\_

\_\_\_\_\_

Technician Name.....Signature.....Date.....

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**Doctor's Consent Form (if required due to medical conditions)**

For The Attention of Doctor \_\_\_\_\_

Dear Sir, Your patient \_\_\_\_\_ contacted me with a view to receiving a permanent cosmetic procedure. Permanent cosmetics are an advanced form of tattooing in which pigment is implanted into the dermis of the skin using needles. A fully qualified technician trained to Nouveau Contour standards, which are approved by the Society of Permanent Cosmetic Professionals will carry out the treatment. As my client has indicated a medical condition during pre-procedure consultation, it would be preferable that you consider the implications and give your consent for the treatment. If you feel that the procedure would have no detrimental effect to the health of your patient, could you please complete the details below?

Surgery Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Doctor's Name \_\_\_\_\_

I understand that (patient's name) \_\_\_\_\_ is to receive permanent cosmetics which is a form of tattooing. I have considered my patient's medical condition and feel that this procedure will have no detrimental effect to his/ her health.

Signed \_\_\_\_\_

## **Pre Procedure Advice**

Permanent cosmetic procedures normally require multiple treatment sessions. For best results, clients will be required to return for at least one retouch procedure, usually between four and six weeks after the initial procedure. Be prepared for the colour intensity to be significantly sharper and darker immediately after the procedure. This will subside and become lighter as the tissue heals. This process can take up to ten days.

### **Advice for all permanent cosmetic procedures**

- Since delicate skin or sensitive areas may be swollen or red, it is advised not to make social plans for the same day.
- Please wear your normal makeup to the salon on the day of the procedure.
- Please inform your technician if you have taken aspirin, Ibuprofen or Coumadin within the two days leading up to procedure.
- Do not discontinue any medication before consulting your doctor.
- Do not drink alcohol the night before your treatment.
- A patch test will be performed unless waived upon request.

### **Eyebrow Procedures**

- Any waxing should be performed at least 48 hours before the procedure: Electrolysis no less than five days before the procedure.
- Eyebrow tinting should not be undertaken for two weeks prior to the procedure.  
Eyeliner procedures
- Any eyelash tinting or eyelash perming should be carried out no sooner than 1 week before or two weeks after the procedure.
- Do not wear contact lenses during or immediately following the procedure. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes feel comfortable. (This is normally 24 hours after the procedure).
- You may have some swelling, as a safety precaution, we recommend that you have someone available to drive you home.

### **Lipliner/Colour**

- If you have a history of cold sores (herpes simplex), we advise you to contact your doctor to obtain the proper prescription medication to prevent such outbreaks.
- Alternatively, obtain herpes medication for example Zovirax from your local chemist and use one week before and one week after your procedure. This can help minimise an outbreak.
- Permanent cosmetic procedures do not cause cold sores, however if you carry the virus, it lays dormant in the body and can be aroused by the procedure.
- Lip wax or bleaching treatments should not be undertaken for at least a two week period preceding your permanent cosmetic procedure.

## **PERMANENT COSMETIC AFTER CARE INSTRUCTIONS FOR EYELINER**

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the re-touch visit. Please review the following directions and refer to them as necessary. If during the healing process you have any questions or concerns, please contact your technician.

For the first day:

- Ice packs protected with a cloth may be applied as necessary to reduce swelling.

You may experience the following for 72 hours:

- Eyelashes may stick together, particularly overnight.
- Puffy eyelids.
- Tenderness.
- Redness or bruising around the eyes.
- Dryness and itchiness in the treated area.
- Swelling.

Daily Care to follow for at least one week or until your procedure has fully healed:

- Always wash your hands before applying the after care healing balm. Apply a minimum of 3 times daily, using a cotton bud.
  - Prevent cross-contamination of your healing balm by using a clean cotton bud for each eye.
  - We recommend you use a gentle facial cleanser to clean the face during the healing period.
  - Keep hair away from the procedure site to prevent any infection. Some itching is normal. DO NOT PICK, PEEL OR SCRATCH the treated area or the colour may heal unevenly and you risk scarring and infection. Allow the wound to flake on its own.
  - No makeup should be applied for 72 hours after the procedure. A new mascara must be used after this 72-hour period.
  - Do not expose the healing skin to direct sunlight, tanning beds, Jacuzzis, saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use for two weeks following your procedure.
  - If the area gets wet, gently pat dry using a clean tissue.
  - Remember, your selected colour will be stronger and more sharply defined immediately after treatment but as the healing process occurs the colour will soften and lighten.
- Term Care
- Use a good sunscreen. Sun exposure will fade your permanent cosmetics.
  - If you are planning a chemical peel, MRI scan or other medical procedure, please inform your doctor of your permanent cosmetics.
  - Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for a year post procedure.

## **PERMANENT COSMETIC AFTER CARE INSTRUCTIONS FOR EYEBROWS**

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the re-touch visit. Please review the following directions and refer to them as necessary. If during the healing process you have any questions or concerns, please contact your technician.

For the first day:

- Ice packs protected with a cloth may be applied as necessary to reduce swelling.

You may experience the following for 72 hours:

- Flaking.
- Tenderness.
- Dryness and itchiness in the treated area.
- Swelling and redness.

Daily Care to follow for at least one week until your procedure has fully healed:

- Always wash your hands before applying the aftercare healing balm. Apply a minimum of 3 times daily, using a cotton bud
- Prevent cross-contamination of your healing balm by using a clean cotton bud for each application.
- We recommend you use a gentle facial cleanser to clean the face during the healing period.
- Keep hair away from the treated site to prevent any infection.
- Some itching is normal. DO NOT PICK, PEEL OR SCRATCH the treated area or the colour may heal unevenly and you risk scarring and infection. Allow the wound to flake on its own.
- No makeup should be applied for 72 hours after the procedure.
- Do not expose the healing skin to direct sun, tanning beds, Jacuzzis, saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use for two weeks following your procedure.
- If the area gets wet, gently pat dry using clean tissue.
- Remember, your selected colour will be stronger and more sharply defined immediately after treatment but as the healing process occurs the colour will soften and lighten. Long Term Care
- Use a good sunscreen. Sun exposure will fade your permanent cosmetics.
- If you are planning a chemical peel, MRI scan or other medical procedure, please inform your doctor of your permanent cosmetics.
- Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for a year post procedure.

## **PERMANENT COSMETIC AFTER CARE INSTRUCTIONS LIPLINER & SHADING**

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the re touch visit. Please review the following directions and refer to them as necessary. If during the healing process you have any questions or concerns, please contact your technician.

For the first day:

- Ice packs protected with a cloth may be applied as necessary to reduce swelling.
- If you suffer with cold sores at present or anytime in the past use an anti herpes medication for example Zovirax, five times daily. Continue use for the next 6 days

You may experience the following for 72 hour:

- Flaking.
- Tenderness.
- Dryness and itchiness in the treated area.
- Swelling and redness.

Daily Care to follow for at least one week until your procedure has fully healed:

- Always wash your hands before applying the after care. healing balm > Apply as many times in a day as you feel necessary, using a cotton bud minimum of 3 times daily, using a cotton bud.
- Prevent cross-contamination of your healing balm by using a clean cotton bud for each application.
- We recommend you use a gentle facial cleanser to clean the face during the healing period and no makeup should be applied for 72 hours after the procedure.
- Keep hair away from the procedure site to prevent any infection.
- Some itching is normal. DO NOT PICK, PEEL OR SCRATCH the treated area or the colour may heal unevenly and you risk scarring and infection. Allow the wound to flake on its own.
- Do not expose the healing skin to direct sun, tanning beds, Jacuzzis, sauna, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use for two weeks following your procedure.
- No kissing and if the area gets wet, gently pat dry using clean tissue.
- Avoid eating spicy and salty foods and try to drink through a straw.
- Do not pick the epithelial crust. Allow it to flake on its own.
- Remember, your selected colour will be stronger and more sharply defined immediately after treatment but as the healing process occurs the colour will soften and lighten. Long Term Care
- Use a good sunscreen. Sun exposure will fade your permanent cosmetics.
- If you are planning a chemical peel, MRI scan or other medical procedure, please inform your doctor of your permanent cosmetics.

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- Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for a year post procedure.